

Keeping track

You can use a chart like this to begin documenting your elder's medical care. If your elder sees several doctors, you may wish to make photocopies for their files. You'll need to update this information on an ongoing basis.

Medical background for _____ Date _____
Name of insurance company _____

Policy number _____ Phone _____

Primary care physician _____

Address _____

Phone _____ Date of last visit _____

Treatment notes _____

Specialist _____

Address _____

Phone _____ Date of last visit _____

Treatment notes _____

Specialist _____

Address _____

Phone _____ Date of last visit _____

Treatment notes _____

Others (chiropractors, physical therapists, etc.) _____

Address _____

Phone _____ Date of last visit _____

Treatment notes _____
